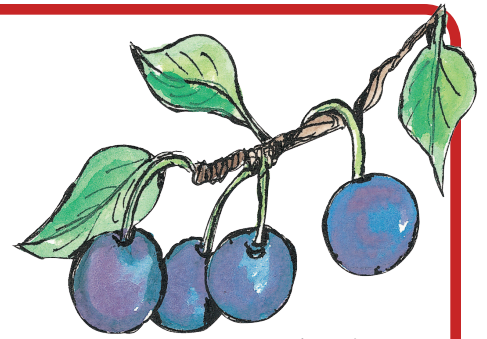


Gail Gibbons Nutrition Educator's Guide



From *The Fruits We Eat*

Invite young readers to explore the nutritious world around them with these discussion questions featuring Common Core State Standards for the following Gail Gibbons companion titles:

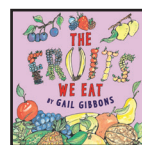
THE FRUITS WE EAT

1. How does author Gail Gibbons use text features in *The Fruits We Eat*? Find an example of how text features from the book enhance your understanding of a concept or idea. **RI.2-3.5**
2. Plan a menu for a well-balanced meal using "MyPlate." Write about each food and tell why you chose it. Explain why your plate is well-balanced. **W.2-3.5, 8**
3. What are the names of large industrial fruit farms that grow strawberries, cranberries, grapes, apples and oranges? Research the climate for each farm. **W.2-3.8 / RL.2-3.1**
4. What is a perennial? An annual? Find fruits from the text and create a perennial/annual chart. **L.2-3.5, 5a**

THE VEGETABLES WE EAT

1. What is the main purpose of this book? What does author Gail Gibbons want to answer, describe and explain? Use evidence from the book. **RI.2-3.1, 2, 6**
2. Design a vegetable seed package. Write directions on "how to plant a garden" for the back of the seed package. **RI.2-3.3 / W.2-3.2**
3. In small groups, draw on personal experiences and conduct short research to identify vegetables that have the same shapes, sizes and colors. Categorize these on paper plates by drawing and labeling. Present your findings. **RI.2-3.1, 5, 8 / SL.2-3.1, 4 / W.2-3.6, 7, 8**
4. Compare and contrast the structure, ideas, topics, illustrations and vocabulary from Gail Gibbons's books *The Vegetables We Eat* and *The Fruits We Eat*. **W.2-3.2, 7, 8**

For added learning, have students complete the following activity sheets as they read each book!



HC: 978-0-8234-3204-2
PB: 978-0-8234-3571-5



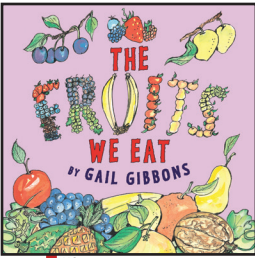
HC: 978-0-8234-2001-8
PB: 978-0-8234-2153-4

For more fun and educational picture books, check out the complete list of Gail Gibbons titles from Holiday House!

www.HolidayHouse.com



Ages 4-8 • Both available in e-book format



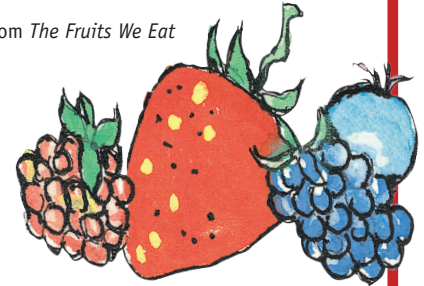
HC: 978-0-8234-3204-2
PB: 978-0-8234-3571-5

The Fruits We Eat

NAME _____ CLASS _____

Before and After

From *The Fruits We Eat*

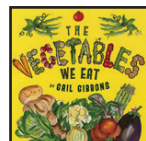


Directions: While reading The Fruits We Eat by Gail Gibbons, fill in the chart below with information about the difference types of fruit.

FRUIT	CHARACTERISTICS	WHERE IT GROWS	PERENNIAL OR ANNUAL <i>Mark "P" or "A"</i>
Berries			
Pineapple			
Banana			
Melon			
Grapes			
Apple			
Pear			
Cherry			
Peach			
Citrus Fruits			

This reproducible is part of the Explore the World . . . with Gail Gibbons Educator's Guide. To read all Gail Gibbons's books published by Holiday House, visit your local library or bookstore.

If you like this book, then check out more from Gail!



HC: 978-0-8234-2001-8
PB: 978-0-8234-2153-4

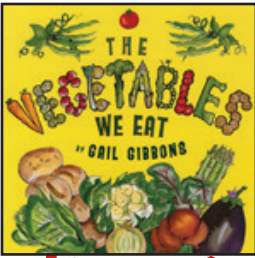


HC: 978-0-8234-0872-6
PB: 978-0-8234-1025-5

Visit our website for more fun activities!

www.HolidayHouse.com





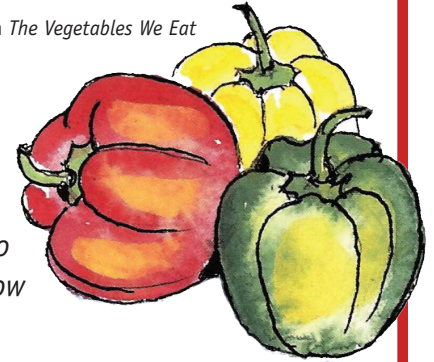
HC: 978-0-8234-2001-8
PB: 978-0-8234-2153-4

The Vegetables We Eat

NAME _____ CLASS _____

Before and After

From *The Vegetables We Eat*

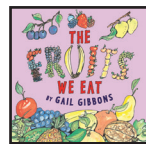


Directions: Read each statement below before you read Gail Gibbons book The Vegetables We Eat. Put a check in the BEFORE column if you think the statement next to it is true. After you have read the book, go through the statements again. Check the AFTER column if you now know the statement is true. See how much you learned from your reading.

BEFORE	STATEMENT	AFTER
	1. The edible part is the same for all vegetables.	
	2. Botanists classify vegetables according to the part of the vegetable that is eaten.	
	3. Turnips, carrots, radishes, and rutabagas are all root vegetables.	
	4. There are about 300 types of potatoes in the world.	
	5. All stem vegetables are perennials.	
	6. Tomatoes, eggplants, sweet peppers, pumpkins, and butternut squash all can be considered fruit vegetables.	
	7. Annuals are plants that must be replanted in order to grow again.	
	8. Although it is called the yard-long bean, this bean only grows to be 24 inches (60 cm) in length.	
	9. Soybeans were introduced to the United States by inventor Benjamin Franklin.	
	10. California contributes one-third of all the vegetables grown in the United States.	
	11. Hydroponics involves gardening without soil.	
	12. South America is the original home of the ever-popular potato.	

This reproducible is part of the Explore the World . . . with Gail Gibbons Educator's Guide. To read all Gail Gibbons's books published by Holiday House, visit your local library or bookstore.

If you like this book, then check out more from Gail!



HC: 978-0-8234-3204-2
PB: 978-0-8234-3571-5



HC: 978-0-8234-2169-5
PB: 978-0-8234-2245-6

Visit our website for more fun activities!
www.HolidayHouse.com



Holiday House Books by Gail Gibbons

ALLIGATORS AND CROCODILES*

HC: 978-0-8234-2234-0
PB: 978-0-8234-2343-9

APPLES**

PB: 978-0-8234-1669-1

THE ART BOX

HC: 978-0-8234-1386-7

BATS

HC: 978-0-8234-1457-4
PB: 978-0-8234-1637-0

BEAVERS*

HC: 978-0-8234-2412-2
PB: 978-0-8234-3184-7

CHICKS & CHICKENS

HC: 978-0-8234-1700-1
PB: 978-0-8234-1939-5

CORAL REEFS*

PB: 978-0-8234-2278-4

CORN*

HC: 978-0-8234-2169-5
PB: 978-0-8234-2245-6

DESERTS

HC: 978-0-8234-1276-1
PB: 978-0-8234-1519-9

DINOSAUR DISCOVERIES**

HC: 978-0-8234-1971-5
PB: 978-0-8234-2030-8

DINOSAURS!*

HC: 978-0-8234-2143-5
PB: 978-0-8234-2197-8

ELEPHANTS OF AFRICA*

HC: 978-0-8234-2168-8
PB: 978-0-8234-2299-9

EMERGENCY!

HC: 978-0-8234-1128-3

FARMING

HC: 978-0-8234-0682-1
PB: 978-0-8234-0797-2

FROGS**

PB: 978-0-8234-1134-4

FROM SEED TO PLANT**

HC: 978-0-8234-0872-6
PB: 978-0-8234-1025-5

THE FRUITS WE EAT*

HC: 978-0-8234-3204-2
PB: 978-0-8234-3571-5

GALAXIES, GALAXIES!*

HC: 978-0-8234-2002-5
PB: 978-0-8234-2192-3

GIANT PANDAS

HC: 978-0-8234-1761-2
PB: 978-0-8234-1828-2

GORILLAS*

HC: 978-0-8234-2236-4
PB: 978-0-8234-2433-7

GRIZZLY BEARS

HC: 978-0-8234-1793-3

GULLS... GULLS... GULLS...

HC: 978-0-8234-1323-2
PB: 978-0-8234-1664-6

HORSES!***

PB: 978-0-8234-1875-6

HOW A HOUSE IS BUILT

HC: 978-0-8234-0841-2
PB: 978-0-8234-1232-7

HURRICANES!*

HC: 978-0-8234-2233-3
PB: 978-0-8234-2297-5

ICE CREAM: The Full Scoop

HC: 978-0-8234-2000-1
PB: 978-0-8234-2155-8

IT'S RAINING!*

HC: 978-0-8234-2924-0
PB: 978-0-8234-3303-2

IT'S SNOWING!*

HC: 978-0-8234-2237-1
PB: 978-0-8234-2545-7

LADYBUGS*

HC: 978-0-8234-2368-2
PB: 978-0-8234-2760-4

MARSHES AND SWAMPS

HC: 978-0-8234-1347-8
PB: 978-0-8234-1515-1

MONARCH BUTTERFLY**

HC: 978-0-8234-0773-6
PB: 978-0-8234-0909-9

THE MOON BOOK

HC: 978-0-8234-1297-6
PB: 978-0-8234-1364-5

OWLS

PB: 978-0-8234-2014-8

PENGUINS!

PB: 978-0-8234-1516-8

PIGS

PB: 978-0-8234-1554-0

THE PLANETS

Third Edition**

HC: 978-0-8234-2156-5
PB: 978-0-8234-2157-2

POLAR BEARS

PB: 978-0-8234-1768-1

THE PUMPKIN BOOK**

HC: 978-0-8234-1465-9
PB: 978-0-8234-1636-3

RABBITS, RABBITS & MORE RABBITS!

HC: 978-0-8234-1486-4
PB: 978-0-8234-1660-8

THE REASONS FOR SEASONS**

HC: 978-0-8234-1174-0
PB: 978-0-8234-1238-9

SEA TURTLES**

HC: 978-0-8234-1191-7
PB: 978-0-8234-1373-7

SHARKS

HC: 978-0-8234-0960-0
PB: 978-0-8234-1068-2

SNAKES*

PB: 978-0-8234-2300-2

SPIDERS

PB: 978-0-8234-1081-1

STARGAZERS

HC: 978-0-8234-0983-9
PB: 978-0-8234-1507-6

SURROUNDED BY SEA:

Life on a New England Fishing Island

HC: 978-0-8234-1941-8

TOOL BOOK

HC: 978-0-8234-0444-5

TORNADOES!*

HC: 978-0-8234-2216-6
PB: 978-0-8234-2274-6

TRAINS

PB: 978-0-8234-0699-9

THE VEGETABLES WE EAT*

HC: 978-0-8234-2001-8
PB: 978-0-8234-2153-4

WEATHER WORDS AND WHAT THEY MEAN**

PB: 978-0-8234-0952-5

WHALES

HC: 978-0-8234-0900-6
PB: 978-0-8234-1030-9

WOLVES

HC: 978-0-8234-1127-6
PB: 978-0-8234-1202-0

Holidays

CHRISTMAS IS . . .

PB: 978-0-8234-1767-4

EASTER

HC: 978-0-8234-0737-8

GROUNDHOG DAY!*

HC: 978-0-8234-2003-2
PB: 978-0-8234-2116-9

HALLOWEEN IS . . .

PB: 978-0-8234-1797-1

ST. PATRICK'S DAY

PB: 978-0-8234-1173-3

THANKSGIVING IS . . .**

HC: 978-0-8234-1849-7
PB: 978-0-8234-1979-1

Legend

Activity sheet included in online guides:

* **Explore the World of Science with . . . Gail Gibbons**

** **A Year with Gail Gibbons**