

FINGER KNITTING ACTIVITY

Knitting can be used to make all sorts of cozy things like a blanket or a sweater. Follow the instructions below to learn how to finger knit a friendship bracelet!



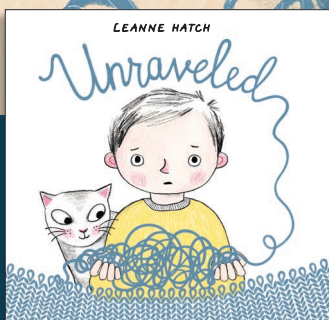
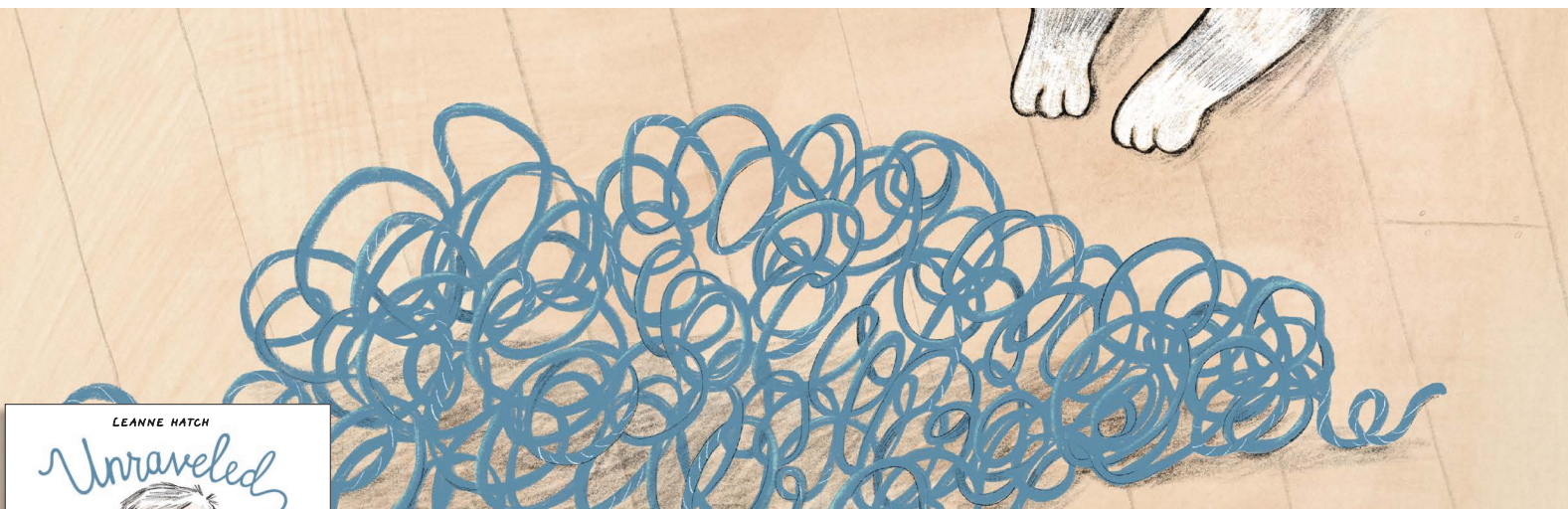
Supplies:

- Yarn
- Scissors

Safety Alert: Always be sure to ask an adult for help before using scissors.

Instructions:

1. Take one end of the yarn and lay it so it rests near the base of your thumb. Right-handed knitters should hold the yarn with their left hand while left-handed knitters should hold the yarn with their right hand.
2. Use the yarn to make a figure eight between your pointer and middle fingers.
3. Repeat this loop to make another figure eight above the first one. You should now have two stacked loops on each of your fingers.
4. On your pointer finger, take the bottom loop of yarn and lift it so it passes over the top loop and off your finger. Do the same action with the loops on your middle finger.
5. Release the end of the yarn that you were holding near the base of your thumb in step one, pulling softly.
6. Repeat steps three and four, creating pairs of loops and lifting the bottom ones over the top and off your pointer and middle fingers.
7. You are finger knitting! Repeat until you like the size of your project.
8. To finish, slide both the top and bottom loops off your fingers. Cut the yarn from the ball and carefully guide the tail end through your loops.
9. Tie the two ends together to make a bracelet. Or, just tie it off to have a string of knitting.
10. Celebrate your new knitting skills by wearing your bracelet or giving it to a friend or loved one!



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PENCIL CUP UPCYCLE CHALLENGE!

When Cole's blanket unravels, his mama uses the yarn to make something new. Follow the instructions below to turn trash into treasure!



Supplies:

- Empty can
- Acrylic paint
- Paintbrushes
- Any decorations you need to make your masterpiece like glitter, stickers, or buttons!

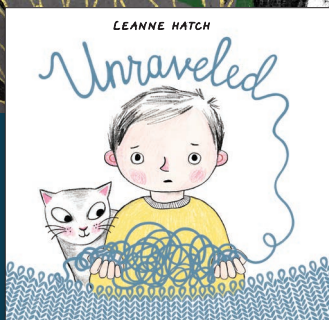
Safety Alert: Be sure to have an adult help wash out the can.

Mess Alert: Acrylic paint can stain—some artists may need a smock or placemat (try recycled newspapers!).

Instructions:

1. Find an old can—reusing one after a meal works great!
2. Wash the can with soap and dry thoroughly.
3. Once the can is completely dry, begin painting. Use your imagination! Will yours have rainbow stripes? Dots? Flowers?
4. Add any additional finishing touches like glitter or ribbon until your can is a masterpiece.
5. Leave your can to dry.
6. Fill with pencils, pens, markers, or crayons, and place it on a desk or bookshelf for the world to see!

Bonus Challenge: Make an extra pencil cup to give to a friend!



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