



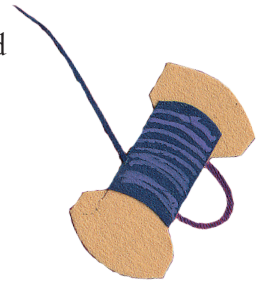
# ELIZABETH HOBBS KECKLY USED HER SEWING SKILLS TO SEW HER WAY TO FREEDOM.

You can use your sewing skills to make a stitched dress on paper!  
Ask an adult for help with scissors and needles.

-Design courtesy of illustrator Elizabeth Zunon.

## YOU WILL NEED:

- Paper
- Marker, Pens, or Paint
- Ruler
- Scissors
- Embroidery Thread or Sewing Thread
- Sewing Needle
- Glue
- A Piece of Fabric, At Least 6" Wide



## DIRECTIONS:



1. Draw or paint your character on a piece of paper. You can start with the head and shoulders, then arms and legs.



2. Choose a piece of fabric you think your character would like to wear as their dress.



3. Lay your fabric flat on a table and place a ruler on top of it.

4. With a marker or pen, make a dot on the fabric at the 1" ruler mark and at the 2", 3" and 4" ruler marks.



5. Thread a needle, double the length, and tie a double knot.

6. Pull your threaded needle from behind the fabric into the 4" ruler dot mark. Pull tight, making sure the knot stays put.



7. Push the needle through the 3" dot mark.

8. Pull the needle through the 2" dot mark.

9. Push the needle through the 1" dot mark.

10. Pull the thread so that the stitches tighten and bunch up your fabric.

11. Turn your fabric over and tie a double knot under the 1" dot mark.

12. Now you have a stitched skirt!

Place the skirt on top of your drawn character, at their waist.

13. With scissors, cut off excess fabric and thread.

14. Glue your stitched skirt in place onto your character's body.

15. Ta da! Your own handmade, hand-designed fashion creation! Experiment with different lengths and fuller skirts too!



Stitch by Stitch by Connie Schofield-Morrison  
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