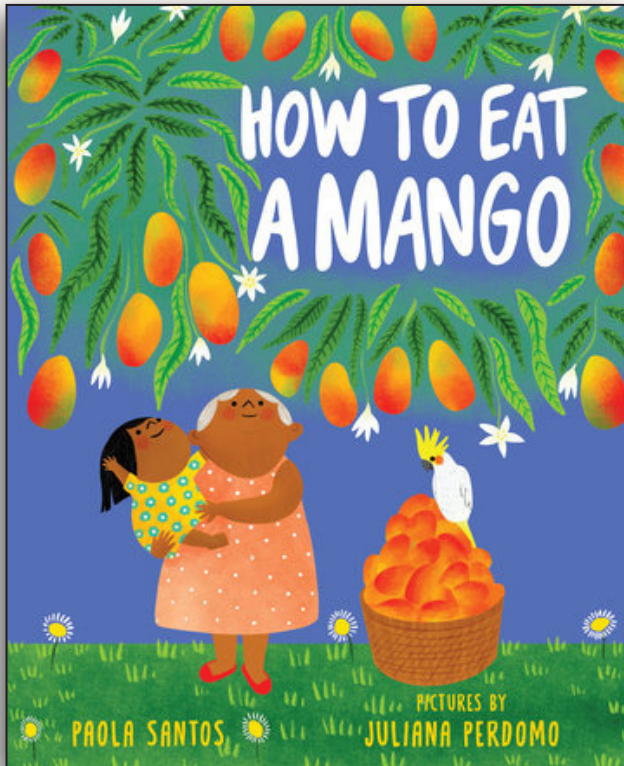


HOLIDAY HOUSE EDUCATOR'S GUIDE



How to Eat a Mango

by Paola Santos

illustrated by Juliana Perdomo

- ★ “A heartwarming—and delectable—narrative that readers will treasure.”
—*Kirkus Reviews*, Starred Review
- ★ “Sunny, shape-based digital images by Perdomo radiate joyous warmth and nurturing.”
—*Publishers Weekly*, Starred Review
- ★ “A vibrant picture book that sets up a wonderful way for individual readers or an entire classroom to reflect on the natural wonders all around them.”
—*School Library Journal*, Starred Review

ABOUT THE BOOK

Abuelita teaches Carmencita that you can't rush mango-eating: it takes five steps to appreciate the gift and feel the love.

Carmencita doesn't want to help Abuelita pick mangoes; she doesn't even like them! They're messy, they get stuck in her teeth, and it's a chore to throw out the rotten ones.

But Abuelita adores mangoes and, patiently, she teaches Carmencita the right way to eat them. When they finally bite in, the juice running down their arms, Carmencita understands. The mangoes are more than just mangoes . . . and she's ready for another!

DISCUSSION QUESTIONS


- Point out Abuelita and Carmencita on the first double-page spread. Why is Carmencita pouting? Explain how the illustrator reveals Carmencita's unhappiness. Carmencita tells Abuelita that she doesn't like eating mangoes. How does Abuelita answer her?
- Count the steps in English and Spanish for learning to appreciate a mango. Why does Abuelita say that listening is important? What might Carmencita expect to hear when she listens? Explain why Abuelita and Carmencita put their ears to the ground on pages 8 and 9. Discuss the second, third, fourth, and fifth steps.



- Review the five senses: sight, touch, taste, smell, and hearing. Point out the use of the five senses in learning how to eat a mango. What happens when Carmencita learns to use her five senses?
- A simile is a form of figurative language that compares two different things using “like” or “as.” Explain the following simile: “Between their dark green leaves, mangoes hang like baubles on a tree” (p. 14). Identify other similes in the book.
- Discuss why Abuelita says that mangoes are a gift from the earth, the sun, and the sky. How does Carmencita appreciate this gift by the end of the book?
- Describe Carmencita’s bedroom. Why are Mami, Papi, and Abuelita shown above Carmencita’s bed on page 10? How do you know she is thankful for her family? What word in the text is “thanks” in Spanish?
- Take a close look at the Spanish version of the book. Point out the following phrases: hums with delight, sway with the breeze, roots stirring, hang like baubles, and offering of love. How do each of these phrases describe a mango from Abuelita’s point of view?

Guide created by Pat Scales, retired school librarian and independent consultant, Greenville, South Carolina.

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ABOUT THE CREATORS



Paola Santos was born and raised in Venezuela and holds a master’s degree in Children’s Literature and Reading Promotion from the Castilla-La Mancha University in Spain. She is a member of SCBWI and a graduate of the Children’s Book Academy. She was awarded the Las Musas-Hermanas Mentorship with author Alexandra Alessandri and the We Need Diverse Books Picture Book Mentorship with author Meg Medina. *How to Eat a Mango* is her debut book. Learn more at PaolaSantos.com.



Juliana Perdomo was born in Bogotá, Colombia, surrounded by a huge loving family, friends, bright colors, music, weird fruits, sunshine, and lots of rain, but also rainbows. With a background in psychology and art therapy, she is the illustrator of *How to Eat a Mango* by Paola Santos, and the author and illustrator of the picture book *Sometimes All I Need Is Me*. She lives in Colombia with her partner, son, and dogs. Learn more at JulianaPerdomo.com.